

Bread and Nibbles

<i>Crackling, Apple Sauce</i>	£1.50
<i>Homemade Crisps</i>	£2.50
<i>Selection of Bread, Extra Virgin Olive Oil, Balsamic Vinegar</i>	£2.75
<i>Houmous, Grilled Pitta Bread</i>	£3.25
<i>Marinated Olives</i>	£3.75

Snacks

<i>Popcorn Shrimps, Tomato and Horseradish Ketchup</i>	£4.00
<i>LKB Soup, Sour Dough Bread</i>	£4.25
<i>Grain Mustard Chipolatas</i>	£4.25
<i>Sticky Chilli Chicken Wings</i>	£4.50

Small or Large Plates

<i>Home Cooked Ham Egg Benedict</i>	£3.75/£6.50
<i>Speck Ravioli, Marinated Olives and Artichokes, Sun Blush Tomatoes, Rocket, Lemon</i>	£5.50/£9.00
<i>Roasted Butternut Squash and Sage Risotto, Crushed Amaretti</i>	£5.50/£9.00
<i>Jerusalem Artichoke Risotto, Truffle Oil</i>	£5.50/£9.00
<i>Steamed Mussels, Chorizo, Cider, Parsley</i>	£6.50/£11.00
<i>Selection of Antipasto</i>	£7.50/£13.00
<i>(Cured Meats, Bocconcini, Sun Blush Tomatoes, Marinated Olives and Artichokes, Selection of Bread, Extra Virgin Olive Oil, Balsamic Vinegar)</i>	

Salads and Lighter Options

(all Salads can be served with Dressings on the Side)

<i>Bocconcini and Vine Tomato Salad, Micro Rocket, Pesto</i>	£5.25
<i>Caesar Salad</i>	£5.25
<i>Roquefort, Pear, Walnut and Chicory Salad</i>	£5.50
<i>Grilled Marinated Halloumi, Warm Israeli Cous Cous, Roasted Spiced Mediterranean Vegetables</i>	£6.00
<i>Seared Tuna Loin, Black and White Sesame Seeds, Oriental Salad, Wasabi</i>	£6.50
<i>Prosciutto, Black Figs, Rocket, Pecorino</i>	£7.00
<i>Grilled Mackerel Fillets, Purple Sprouting Broccoli, Spring Onions, Capers, New Potatoes, Boiled Egg</i>	£9.00
<i>Char-grilled Chicken Breast, Caesar Salad</i>	£9.00

Sandwiches, Bruschettas and Burgers

<i>Bruschetta, Cardigan Bay Crab, Fennel, Chilli and Lemon</i>	£4.00
<i>Bruschetta, Black Figs, Goat's Cheese</i>	£4.00
<i>Bruschetta, Ricotta, Vine Tomatoes, Basil</i>	£4.00
<i>Mozzarella, Char-grilled Mediterranean Vegetable, Houmous and Black Olive Bread sandwich</i>	£4.50
<i>Toasted Fish Finger Sandwich, Lemon Mayonnaise (White or Granary Bread)</i>	£5.00
<i>Club Sandwich (White or Granary Bread)</i>	£6.00
<i>Char-grilled Steak and Popcorn Shrimp Sandwich, Tomato and Horseradish Ketchup (White or Granary Bread)</i>	£6.00
<i>Falafel Burger, Houmous, Sweet Potato Chips, Tzatziki</i>	£7.00
<i>Welsh Beef Burger, Gherkins and Yellow Mustard, Tomato and Chilli Jam, Skinny Chips</i>	£9.75
<i>Additions @ £1.00 each: Grilled Bacon, Emmental, Portabella Mushroom, Fried or Poached Egg</i>	

Stove and Grill

<i>Breconshire Venison Sausages, Celeriac Mash, Red Currant Jus</i>	£7.00
<i>Slow Cooked Beef Open Lasagne, Pesto</i>	£8.25
<i>Roasted Butternut Squash, Pumpkin and Baby Spinach Lasagne, Jerusalem Artichokes, Jersey Cream Crème Fraiche, Salsa Verde</i>	£9.00
<i>Beetroot Tarte Tatin, Grilled Goat's Cheese and Rocket</i>	£9.00
<i>Fish 'n' Skinny Chips, Mushy Peas, Fresh Tartare Sauce</i>	£13.00
<i>Char-grilled Sirloin Steak, Béarnaise Sauce, Vine Tomato, Portabella Mushroom, Skinny Chips</i>	£19.50

Side Orders

<i>Skinny Chips</i>	£2.50	<i>Garlic Ciabatta</i>	£2.75
<i>Thick Hand Cut Chips</i>	£3.00	<i>Polenta Chips,</i>	£3.50
<i>LKB Mixed Salad</i>	£2.75	<i>Roasted Garlic Mayonnaise</i>	
<i>American Coleslaw</i>	£2.75	<i>Sweet Potato Wedges,</i>	£3.75
<i>Potato Salad</i>	£2.75	<i>Sweet Chilli Jam, Sour Cream</i>	

Cakes

<i>Welsh Cakes</i>	£2.00	<i>Toasted Tea Cake, Jam</i>	£2.50
<i>Carrot Cake</i>	£2.50	<i>Fruit Scone, Strawberry Jam</i>	£3.50
<i>Chocolate Brownie</i>	£2.50	<i>Cornish Clotted Cream</i>	